



MID COAST *Center for*
Community Health & Wellness

Health Within Reach

EDUCATION SERIES



Simple Snacks *for* **Smarter Kids**

Deborah Q. Hagler, MD

and

Andrea Loeffler, MD

of MID COAST MEDICAL GROUP-Pediatrics

CHILDCARE AVAILABLE

Children must be 3-years-of-age or older

Fun activities and healthy snacks will be offered!

Wednesday, September 26
5:30 p.m.

in the Teaching Kitchen

Community Health & Wellness

MID COAST HOSPITAL Parkview Campus

329 Maine Street—SOUTH ENTRANCE

Brunswick, Maine 04011

Health Within Reach is an ongoing series of FREE talks, classes, demonstrations, and healthy lifestyle options offered by

MID COAST *Center for* Community Health & Wellness

www.midcoasthealth.com/wellness