



Dementia Caregivers

EDUCATION SERIES

The Dementia Caregivers Education Series is a free monthly support group offered by Mid Coast Senior Health Center to assist individuals in understanding and caring for someone with memory loss.

Third Thursday of Every Month

(except July, August, and December)

4-5 p.m.

MID COAST SENIOR HEALTH CENTER
58 Baribeau Drive, Brunswick

For more information, please call (207) 373-4656.

This support group is an affiliated group of the Maine Chapter of the
alzheimer's  association*



MID COAST *Center for*
**Community Health
& Wellness**

www.midcoasthealth.com/wellness