



2014 Annual Report
Our Community. Our Health.

*Transformation
through Collaboration*

Photo by Lois Skilling



MID COAST HEALTH SERVICES
www.midcoasthealth.com

OUR MISSION

At MID COAST HOSPITAL, we integrate remarkable twenty-first century technical and scientific advances in healthcare with more traditional and human aspects of caring and healing.

As your community hospital, we provide this modern, compassionate healthcare close to home. We provide maximum value for each service we deliver.

OUR VISION

Over the next decade, Mid Coast Health Services will continue its leadership in **transforming** healthcare for the communities we serve by focusing on the following priorities:



OUR GOAL

We are committed to achieving the **TRIPLE AIM**

- Enhance the patient experience and quality of care
- Improve the health of our population
- Reduce the per capita cost of healthcare

The Mid Coast Health Services 2014 Annual Report is dedicated in memory of Hector Rosquete, MD, for his dedication to the orthopedic health of the community and Ophelia Reatiraza, MT (ASCP) for her long-term commitment at Mid Coast Hospital and organization of the quarterly Red Cross blood drive.



Dear Friends:

As 2014 comes to a close, I could not be more grateful for the unwavering support and trust that our community places in the healthcare services provided by Mid Coast Health.

Four years ago, we outlined a vision for the future of health in our community. We committed to healthcare's *Triple Aim* of simultaneously improving the health of the community, lowering healthcare costs and improving patient's experience of care. As you can imagine, the changes resulting from the Affordable Care Act and continued advances in technology are contributing to a very turbulent healthcare landscape. However, with our vision and plan in place, we are on track and optimistic about the future.

We have made tremendous progress toward healthcare transformation, but we have not and cannot achieve these goals alone. We rely on the collaboration of countless people who are dedicated to excellence in medicine and patient care, local like-minded organizations that believe in better health, and visionaries and supporters that place their faith in our team.

This collaboration happens in many ways: from community organizations like the United Way of Mid Coast Maine, law enforcement, and emergency services to our clinical relationships with Maine Medical Center, MaineHealth, and Martin's Point; from our shared commitment to the community with Parkview Adventist Medical Center in times of health crisis to our work with area businesses to improve health of our community, lower costs of care, and grow the economy in our region. These connections knit together the fabric of our community and allow us to fulfill our mission.

It is the company we keep and the partnerships that we build that make us the region's leader in healthcare. Together, we continue on the path to better health for our community, one step at a time. As outlined on the following pages, we have begun the process of reshaping the way healthcare is delivered and financed through engaging our patients, doctors, nurses and other members of the team in the process. During this rapidly changing time we continue to transform healthcare through collaboration.

Thank you for your support along the way.

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President & CEO

Senior Management

Lois N. Skillings, RN

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and Chief Financial Officer*

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Vice President, Operations

Joe Grant
Vice President, Operations & Systems

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*Vice President, Medical Staff Administration
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*Vice President,
Nursing and Patient Care Services*

Darlene Chalmers, RN
*Vice President,
Elder and Home Care Services*

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The Year in Numbers*

278

Number of **units of blood collected** at Mid Coast Hospital Red Cross Blood Drives, providing the opportunity to save **834** lives

2,337

Number of biometrics, blood pressure, cholesterol, and diabetes **screenings given** to Bath Iron Works employees, spouses, and dependents as part of Mid Coast Hospital's health screenings

10,265

Number of **patients seen** in the Mid Coast Walk-In Clinic

241,000

Number of **miles driven** by CHANS Home Health Care nurses to provide compassionate care to residents within our community.

658

Number of **babies delivered** in Maternity Care, **87%** of which are exclusively breastfed

\$13.4 Million

Amount of **healthcare services provided** at Mid Coast Hospital to those unable to pay

5,193

Number of **free flu shots given** to community members at CHANS community-based Flu Vaccination Clinics

51

Number of **years of service** by longest-time employee of Mid Coast Health, David Higgins in Materials Management

24,577

Number of **patients seen** in the Mid Coast Hospital Emergency Department

72

CHANS **Hospice Volunteers** that provided **3,017** hours of service to patients at end-of-life and their families.

450

Number of **Mid Coast Hospital Volunteers** that provided **40,000** hours of service

1,992

Pounds of medication collected via the community Green Box Program supported by Mid Coast Hospital, Access Health, Davenport Foundation, and local law enforcement

* Numbers are based on fiscal year 2014 (October 1, 2013 – September 30, 2014)

Upholding A Standard of Excellence

Mid Coast Hospital is at the center of healthcare in the Midcoast region, an anchor of health in the community. The world-class physicians and innovative staff achieve greatness every day through dedication and teamwork that result in superior outcomes. The hospital has received highest-level recognition from national accreditors and continuously partners with organizations and experts to improve healthcare efficiencies while lowering costs.

Dedicated Staff Achieves Magnet Redesignation

In January, the American Nurses Credentialing Center (ANCC), a subsidiary of the American Nurses Association, once again awarded Mid Coast Hospital with Magnet® designation, confirming its commitment to deliver the highest-quality, compassionate nursing care.

Magnet designation is the most prestigious international distinction a healthcare organization can receive for nursing excellence and outstanding patient care, an honor bestowed upon only 25 hospitals with less than 100 beds and only seven percent of all hospitals nationwide.

Mid Coast became Maine's first community hospital to achieve the prestigious designation in 2009. **Deb MacLeod, MS, RN**, Vice President of Nursing and Patient Care Services led the redesignation process, a rigorous task that involved

a dedicated team of nurses and staff working diligently to gather evidence of achieving the high standards required. Magnet status sets Mid Coast apart as a leader in healthcare. It is a well-deserved honor to the staff (including the 411 nurses) at Mid Coast that work together to deliver the absolute best care to the Midcoast community.



Elated. Deb MacLeod, MS, RN, Vice President of Nursing and Patient Care Services, praises staff at redesignation announcement.

(Photo by Gerry Maraghy)



National Certification Endorses Coordinated Stroke Program

Joint Commission surveyors visited Mid Coast Hospital in June to conduct a thorough on-site evaluation of the stroke program. The Joint Commission and the American Stroke Association once again recognized the hospital with Advanced Certification for Primary Stroke Centers, one of only five in the state of Maine.

Originally obtained in 2012, the certification indicates that the team at Mid Coast Hospital is prepared to provide the highest level of care for stroke patients to ensure the best possible outcomes.

Mid Coast's comprehensive, patient-centered program is a coordinated effort among local Emergency Medical Services, the Mid Coast Hospital Emergency team, **John A. Taylor, DO**, and his team at Mid Coast Medical Group—Neurology, rehabilitation specialists throughout Mid Coast Health, and ongoing support groups offered to stroke patients and their families.



CERTIFIED
Primary Stroke Center

Integrated Training Program Contributes to Increased Maine Physician Pool

Mid Coast Hospital welcomed two Tufts University School of Medicine students to gain hands-on clinical training in Maine as part of the MMC-TUSM Maine Track Longitudinal Integrated Curriculum ("Maine Track"), a joint venture between Maine Medical Center and Tufts.

In June, Maine native **Andrew Rogers** and Mitchell Scholar **Daniel Gerges** began a nine-month integrated program under the supervision of Mid Coast Hospital providers. The innovative medical curriculum trains medical students through hands-on, clinical education and close faculty mentoring, while allowing students the opportunity to explore medical practice in rural and non-urban communities.

Long-term, the program seeks to attract medical students to begin their practice in rural communities throughout Maine. Mid Coast has been participating in the program since 2009, an effort coordinated by **Marybeth Ford, MD**.

Maine Track Preceptors at MID COAST

Lisa Anderson, MD	Darcey Leighton, DO
Ira Bird, MD	Roy Nakamura, MD
Justin Bussone, DO	Nancy Hasenfus, MD
Pamela Gardiner, MD	Stephanie Phelps, MD
Nathaniel Hyde, MD	Marcus Riccioni, MD
David Inger, MD	James Rines, MD
Tatyana Karchov, MD	Jeffery Stenzel, MD
Gregory Kelly, MD	Andrea Tracy, MD
Sean Kelly, MD	



Improved Technology Increases Efficiency, Patient Experience

In an effort to improve patients' experiences, Mid Coast Health launched the new *Smart Card* program in June. The Mid Coast Health Smart Card combines all personal identification and insurance information into a single secure record that is stored on the card.

By using their *Smart Card*, patients will benefit from a faster and more convenient registration process at Mid Coast Hospital and Mid Coast Medical Group offices. To date, 22,500 Mid Coast patients have registered for a *Smart Card*.

A Team Approach to Improving Behavioral Healthcare

To address the growing need for behavioral healthcare in our community, Mid Coast Hospital assembled the Behavioral Health Patient Advisory Council, consisting of behavioral health staff, volunteers, peers from Sweetser's Peer Support Program, representation from the National Alliance on Mental Illness (NAMI), and others. The group seeks to inform and provide input on ways to enhance the care given to behavioral health patients throughout the community.

One of the group's first undertakings has been to advise on the creation of a Behavioral Health Observation Unit adjacent to the Emergency Department. This innovative space will expand options for behavioral health patients, allowing them to begin treatment in a supportive and therapeutic environment, while also freeing up much needed space in the Emergency Department.

Welcome! New Providers

With the continued emphasis on primary care and steady growth in specialty practices, Mid Coast Hospital welcomed several outstanding providers to the active medical staff:

Peter Ameglio, MD	Florin Olteanu, MD
Leah Bauer, MD	Gretchen Pianka, MDs
Richard Beveridge, MD	David Robinson, MD
Steven Breznyak, CRNA	Claire Ross, FNP
Brian Crabtree, MD,	William Simpson, MPA
Annemarie Curnin, CNM	Susan Speer, CRNA
Courtney Gray, CRNA	Jessica Vickerson, FNP
Michael Grela, CRNA	Samuel Umbriaco, PA-C
Paul Hyman, MD	Maud van de Wiele, CNM
Aoife E. O'Brien, CNM	Benjamin Young, MD
Annette O'Gorman, FNPt	Melinda Zimmer-Rankin, CRNA

Dedicated

To Primary & Specialty Care Expertise

As the world of healthcare changes, Mid Coast continuously looks for ways to help individuals and physicians navigate the growing complexity. With the support of a dynamic healthcare organization, Mid Coast Medical Group provides structure for expert physicians to provide extraordinary care, close to where people need it.

Today the Medical Group is a team of 87 providers working in 30 clinical areas, dedicated to the health of every patient. It is the collaboration between primary and specialty care, inpatient and outpatient care that achieves the best possible outcomes for each patient.

From investments in primary care to developing new practices based on patient need, the Medical Group continues to expand while focusing on patient satisfaction and superior care.

Building the Future of Healthcare

Primary care is the foundation of healthcare and the basis for the future of health within the community. Over the past year, Mid Coast Health has made substantial investments in establishing new primary care centers that enhance delivery of the Patient-Centered Medical Home model. This innovative concept encourages patients to become involved in their own care, while improving outcomes, and lowering the cost of healthcare – all cornerstones of the *Triple Aim*.

Early this year, Mid Coast Medical Group relocated the Topsham internal medicine practice to a brand new 11,000 square-foot medical building adjacent to The Highlands. The new building was designed and built to emphasize care coordination and communication among providers, with a focus on patient-centered, preventive care.

The new medical facility represents a strong partnership between Mid Coast and **The Highlands Founder/Developer John Wasileski**, both sharing a vision of health for The Highlands residents and the community at large.

Within the first few months the new Topsham location exceeded expectations resulting in further expansion and the creation of a brand new primary care office co-located within the facility. Headed by **Paul Hyman, MD**, joined by **Mary Lake, RNC-S, MSN, FNP**, Mid Coast Medical Group–*Topsham Family Practice* began seeing patients in late October, providing routine and preventive care to children and adults in line with the Patient Centered Medical Home model.

Simultaneously, Mid Coast began construction of a new downtown Bath primary care facility with plans to relocate Mid Coast Medical Group–*Bath* to the new building in spring 2015. Having expanded in late 2013 with the addition of **Paul Laband, MD**, and **Benjamin Tipton, MPA**, the medical staff is looking forward to transitioning into the



Steelwork rises at the site of the new Mid Coast Medical Group–*Bath* office on Centre street. The internal medicine group hopes to be in its new quarters by late spring. (Photo by Gerry Maraghy)

facility, centrally located and better structured to meet the needs of the community. A collective effort among developers, city planners, and local businesses, it is a foundation for health in this region.

Under the leadership of **Jana Purrell, Mid Coast Medical Group Practice Administrator** and **Dr. Scott Mills, Vice President of Medical Administration and Chief Medical Officer**, Mid Coast Medical Group primary care practices (Bath Internal Medicine, Brunswick Family Practice, and Topsham Internal Medicine) have been awarded Level 3 Patient-Centered Medical Home (PCMH) recognition by the National Committee for Quality Assurance (NCQA). This is the highest level of recognition possible, a true testament to their dedication to delivering high-quality care and working toward a better healthcare system.

Easily Accessible Behavioral Healthcare

With an understanding of the relationship between physical and emotional health, Mid Coast Medical Group is committed to offering easily accessible behavioral health care to its patients. All of the Mid Coast Medical Group primary care practices now offer integrated behavioral healthcare in the office, offering emotional support to every patient.

Having behavioral health specialists on the primary care team allows for open communication between provider and patient in an environment that is comfortable and familiar. Patients can address minor emotional concerns before they become larger issues that may result in long-term mental illness.

This is one way that Mid Coast is collaborating to break down barriers and the stigma of mental health issues in the community.

Care Team Improves Health, Reduces Hospital Use

An extension of the Patient Centered Medical Home, the CHANS Community Care Team (CCT) works with physicians to assist patients living with chronic disease to achieve optimum health.

The team consists of CHANS clinicians **Lisa Kelly, RN, BSN, MS**, and **Mary Heath, RN, LCSW**, under the medical supervision of **Carl DeMars, MD**, with administrative support of **Nyla Howell-Martin**. Together, they help patients identify barriers that may prevent them from staying healthy and then link patients to community support and resources that will help them.

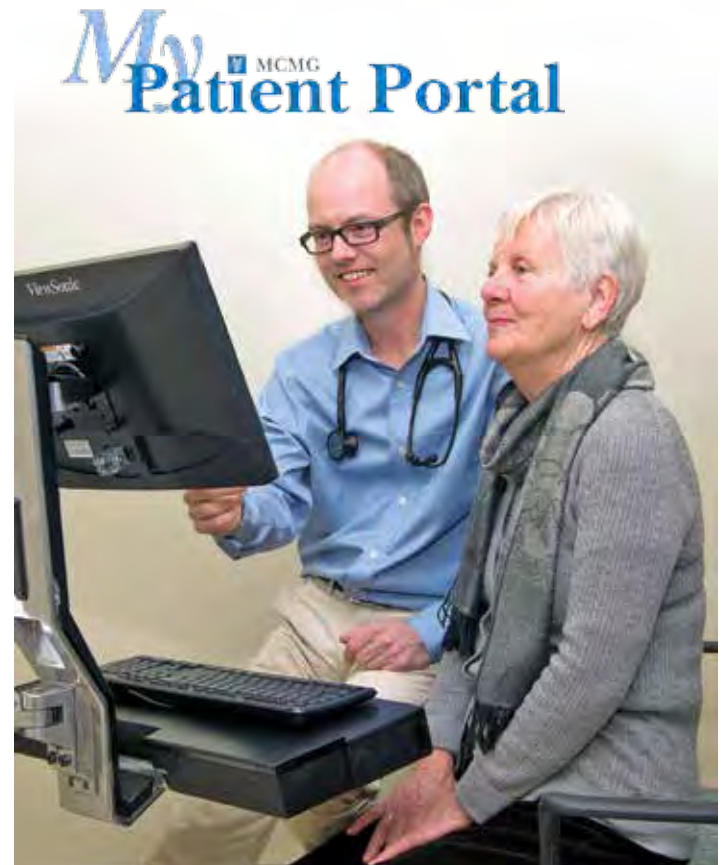
In 2014, the CHANS CCT admitted 93 new patients, assisting 165 active patients with the goal of improving the quality of life. There was a 30% decrease in Emergency Department visits and a 17% decrease in hospital admission rates within this patient group and 46 of the patients met the goals outlined at their initial visit and no longer needed the assistance of the CCT.

New Option for Patient-Provider Communication

In late spring, Mid Coast Medical Group launched a new web-based option for communication between patients and their care team. Patients can use the online portal to securely access portions of their medical records, test results, and information about their health.

The portal allows for easy and convenient refill, appointment, and referral requests, as well as an additional way of corresponding with their healthcare team.

The initial focus of the Patient Portal launch is to enroll patients into the online system, meeting the goal of 50% by the end of 2014. In 2015, a greater emphasis will be placed on a higher percentage of patients using the portal for routine requests and communication needs.



Matthew T. Hanna, MD, assists a patient with accessing her patient portal.
(Photo by Jeff Morris of The Pierce Studio)

Compassionate Care

For Our Aging Population

With a rapidly aging population, a long-term plan for senior healthcare is essential to support the needs of the community. Mid Coast Health recognizes the importance of providing compassionate care and options for elders, with a focus on improving their quality of life. By adapting to the changing needs of the population and making investments for the future, Mid Coast remains at the forefront of senior healthcare in this region.

Elder Care Specialist Leads Senior Health Center

In late summer, Mid Coast Health appointed Geriatrician **Florin G. Olteanu, MD, CMD**, as the new Medical Director of Mid Coast Senior Health Center. In this role, he provides leadership of the care delivered throughout the Senior Health Center and primary care for residents.

Dr. Olteanu is personally committed to providing patient-centered care that addresses the patient's whole body—medical, social, and psychological. As a geriatrician, he is trained to understand issues that uniquely affect older adults. His goal is to enhance the quality of life of his patients, in part by recognizing how physical health conditions can impact social and emotional wellbeing.

The Senior Health Center remains the only facility in the region to offer a full range of award-winning senior health services and living options, all in one place. Under the leadership of **Darlene Chalmers, Vice President of Elder Care Services**, the Senior Health Center sets the standard for care for older adults in the community and is fully prepared to handle long-term growth.



Florin G. Olteanu, MD, CMD, visits with Mere Point resident Ellie Hunt.
(Photo by Gerry Maraghy)

Onsite Rehabilitation Care Offered at the Highlands

Building upon the growing partnership between Mid Coast Health and The Highlands Retirement Community, CHANS Home Health Care was named the provider of choice for rehabilitation services offered at The Highlands. As the provider of choice, CHANS will open an outpatient therapy office on The Highlands campus. Headed by **Eric Gosselin, PT, ATC/L, OCS, CSCS, Rehabilitation Manager**, CHANS Rehabilitation at The Highlands will provide physical and occupational therapy to residents in a convenient location, offering seamless care between in-home and outpatient services.

Prevention Program Focuses on Senior Health and Wellness

Mid Coast Senior Health Center held its free monthly educational presentation series throughout 2014. *Ounce of Prevention* focuses on health and wellness issues that affect older adults. This year's presentations featured speakers from across the Mid Coast Health system, the Alzheimer's Association, AARP, and Spectrum Generations, our local Area Agency on Aging.

My Story



Photo by Steve Trockman

Forever Grateful for Saving My Life

Arthur (Artie) Ethier

Bath Iron Works Employee, Heart Attack Survivor

I'd been employed at Bath Iron Works (BIW) for more than 35 years when one morning, I collapsed under cardiac arrest. As a witnessed fall, a team of local first responders was quickly at my side, providing lifesaving support while in transport to Mid Coast Hospital.

Upon arrival at Mid Coast Hospital, my heart was not beating. The skilled team of providers and staff at Mid Coast acted fast to start medications and procedures to treat my heart and preserve brain function. I was in Intensive Care at Mid Coast for several days. During this time, I received high-quality professional medical care and my family was treated with compassion and respect.

I feel very grateful and very thankful for all the staff here at Mid Coast.

Commitment

To Optimal Health for All

As outlined in the *Triple Aim*, improving the health of all individuals is an essential part of restructuring the healthcare system. Four years ago, Mid Coast Health Services reached out to the community for input on the changing needs in the Mid Coast region, unveiling a road map for the future of healthcare. The resulting *Mid Coast Health 2020 Vision*, highlights five major influencers, each validating its commitment to creating a vibrant and healthy community while controlling the rising costs of healthcare.

Opening Doors to Health and Wellness



Mid Coast Hospital's community health improvement program began by building community partnerships to offer quality health education on a variety of topics. What had become known as *Healthline*, evolved into the new Mid Coast Center for Community Health and Wellness, broadening the scope of offerings needed for everyone in the community to improve their health.

The new **Mid Coast Center for Community Health and Wellness** provides quality, evidence-based wellness programs and resources through classes, clinical care, workshops, support groups, literature, and online resources. Programs include cardiac and pulmonary rehabilitation, outpatient nutrition, weight loss, tobacco cessation, asthma education, and more.

Along with a renewed focus on community health, Mid Coast also unveiled a new website at midcoasthealth.com/wellness that features a variety of health topics with details of what programs are offered. Additionally, there is a list of classes, support groups, and screenings that are available to the public.

The benefit of the Mid Coast Center for Community Health and Wellness is the collaboration and integration with other community programs and healthcare providers. Through its long-term commitment to prevention and newly reestablished focus on expanding wellness offerings, Mid Coast remains well positioned to lead the community to better health.

Supporting Free Community Healthcare

The Oasis Health Network clinic offers free, quality medical, mental health, dental, and prescription assistance services to uninsured persons of limited means living in southern Midoast Maine. With the mutually aligning mission of caring for the health of the community, Mid Coast Health supports the clinic in many ways including free office space and operational assistance. With the help of Mid Coast and many community volunteers, the clinic was able to see 4,000 patients this year, helping our community to be healthier through preventive health services, routine and acute medical care, and chronic disease management.



NAMI Maine representatives lead a discussion following the showing of the film *Call Me Crazy*. (Photo by Steve Trockman)

Film Series Addresses Community Health

A joint effort by Mid Coast Hospital, Access Health, and Frontier Café+Cinema, the *Our Health* Film and Discussion



Series seeks to shine a spotlight on important health topics for the Midcoast region. The series launched in August with “Escape Fire,” a

documentary focusing on the current battle over healthcare in the United States, followed by a lively discussion that featured Mid Coast President and CEO Lois Skillings, RN, and Carl DeMars, MD.

In October the focus was on mental health, screening “Call Me Crazy” to a sold-out audience that engaged in a discussion led by NAMI Maine Board President Valerie Gamache and NAMI Maine Director of Public Education Sophie Gabrion, MS. With a successful start to the series it is planned to continue, offering a total of four films annually.

Local Coalition Encourages Healthy Partnerships

Access Health is a local Healthy Maine Partnership that works with several community partners to contribute to the health and wellbeing of Maine residents. Coordinated by Mid Coast Hospital, the coalition works to eliminate tobacco use, promote physical activity, encourage healthy eating, prevent substance abuse, and create healthy homes.

This year, Communities Against Substance Abuse (CASA), a community coalition supported by Access Health launched a new media campaign to address underage drinking and drug use that encourages parents and teens to get in “Sync” with each other and with other parents. Additionally, Access Health received grant funding to work with local Farmers’ Markets to accept EBT (electronic benefits transfer) cards, so more local residents are able to purchase items using their SNAP/food stamps. Access Health also provided cooking and nutrition classes to 486 adults and children eligible for SNAP/food stamps.

Joint Commitment to Community Health

The Community Health Information Partnership (CHIP)

program supported by Curtis Memorial Library, Mid Coast Health, and Parkview Adventist Medical Center provides current, quality health and wellness



information in a variety of formats to residents of the Mid-coast region. The CHIP collection contains more than 4,600 items with a total annual circulation of more than 80,000. This year CHIP also offered several community events including a well-attended presentation by Calin Stoicov, MD, and Parkview Adventist Medical Center’s Mary Penner, NP, on Celiac Disease and the gluten-free diet.

Saving Lives with Flu Vaccinations

Many people die from complications of infection with seasonal flu, and even more require hospitalization. Each year, CHANS Home Health Care partners with all local municipalities, 15 schools, and organizations to offer free vaccination clinics throughout the community. Large-scale, community-based seasonal flu vaccination clinics are an important component to increasing the community vaccination rate, helping prevent the spread of illness.

A carefully orchestrated effort coordinated by Lorna MacKinnon, RN, this year’s flu clinics vaccinated more than 5,100 community members. In addition to the great success within the community, Mid Coast Employee Health Manager Vicki Koehler, RN, COHN-S, was recognized by the state for achieving a 91% employee vaccination rate for last year’s flu season and is expected to achieve great results again this year.



Maine Track medical students Andrew Rogers, left, and Daniel Gerges, center, provide flu shot clinic for physicians. Here Calin Stoicov, MD, is next up for his shot. (Photo by Steve Trockman)

Generous

Donations Support Our Mission

Mid Coast's ability to lead the community toward better health is greatly enhanced by the generous support of more than 450 volunteers, dedicated Auxiliary members, and gracious donors. It is because of such dedicated people that Mid Coast is able to deliver high-quality care and remain focused on lowering costs.

Contributions from a Dedicated Auxiliary

Since 2001, the Mid Coast Hospital Auxiliary has contributed nearly \$1 million to needed projects and upgrades at the hospital. This year, under the leadership of **Ellen Hutchinson**, the group pledged to raise \$120,000 to financially support the new HUGS Infant Security System in Maternity Care. The state-of-the-art system protects babies and offers security to the family. When a baby is born at Mid Coast, a HUGS tag is applied to the newborn's ankle and the matching KISSES tag is applied to the mother's wrist. The system confirms when correct mom and baby are together.

The Auxiliary also raises funds for healthcare scholarships given to Midcoast area students attending four-year colleges, technical colleges, or other specialized training. **Linda Fairfield** is the Chair of this year's Scholarship Committee that awarded \$40,000 to a total of 39 students: high school seniors, Mid Coast employees, continuing college students, and non-traditional students.

Mid Coast Hospital is grateful for the tireless efforts of the Auxiliary, the volunteers, and the committees that work so hard to ensure delivery of the absolute best care possible.



Some of the many volunteers involved in staffing the 2014 Grand & Glorious Yard Sale, a major fundraising event for the Auxiliary.
(Photo by Millie Stewart)

The Helping Hands of the Healing Garden



Photo by Jim Skillings

One of Brunswick's only public gardens, the Mid Coast Hospital Healing Garden contains carefully selected plantings, indigenous rocks, sculptures, and flowing water, providing a comforting verdant space for the pleasure of the Midcoast community. A team of dedicated volunteers, led by **Margie Sunderland**, maintains the garden all through

the year. Last summer, Mid Coast board member **Susan Gillies** hosted a Mid Coast Hospital Healing Garden Party to raise funds for maintaining and improving the garden and the Mid Coast Hospital Healing Environment Project. More than 100 local residents, hospital administrators, and business leaders attended the event.

Long-term Donors Support Nursing Excellence

In the fall of 2012, the Richard A. and Eleanor M. Morrell Nursing Excellence Conference Endowment Fund was generously established by the Morrell, Rooney, and Polackwich families to honor the legacy of service Dick and Eleanor have given to Mid Coast Hospital. Thoughtful contributions to this fund enable Mid Coast nurses to continue their education and contribute to the high-quality care delivered.

In May, the first annual conference was held featuring educator and nurse consultant **Kathleen Stolzenberger** presenting, "Excellence in Action: Pride, Practice, and Professionalism." The event was well attended by over 100 nurses, medical assistants, and administrators.

Golf Classic Raises Funds for Community Health

The Mid Coast Hospital Classic 21st Annual Golf Fore! Health Tournament was held at the Brunswick Golf Club on Wednesday, September 10. With 144 golfers the tournament successfully raised just over \$31,000 (net). All proceeds from the event help to fund health education programs offered by Mid Coast Hospital's Center for Community Health and Wellness. The event is a wonderful display of community, between the generous players, businesses, and faithful volunteers that turn out each year to support better health for all.

My Story

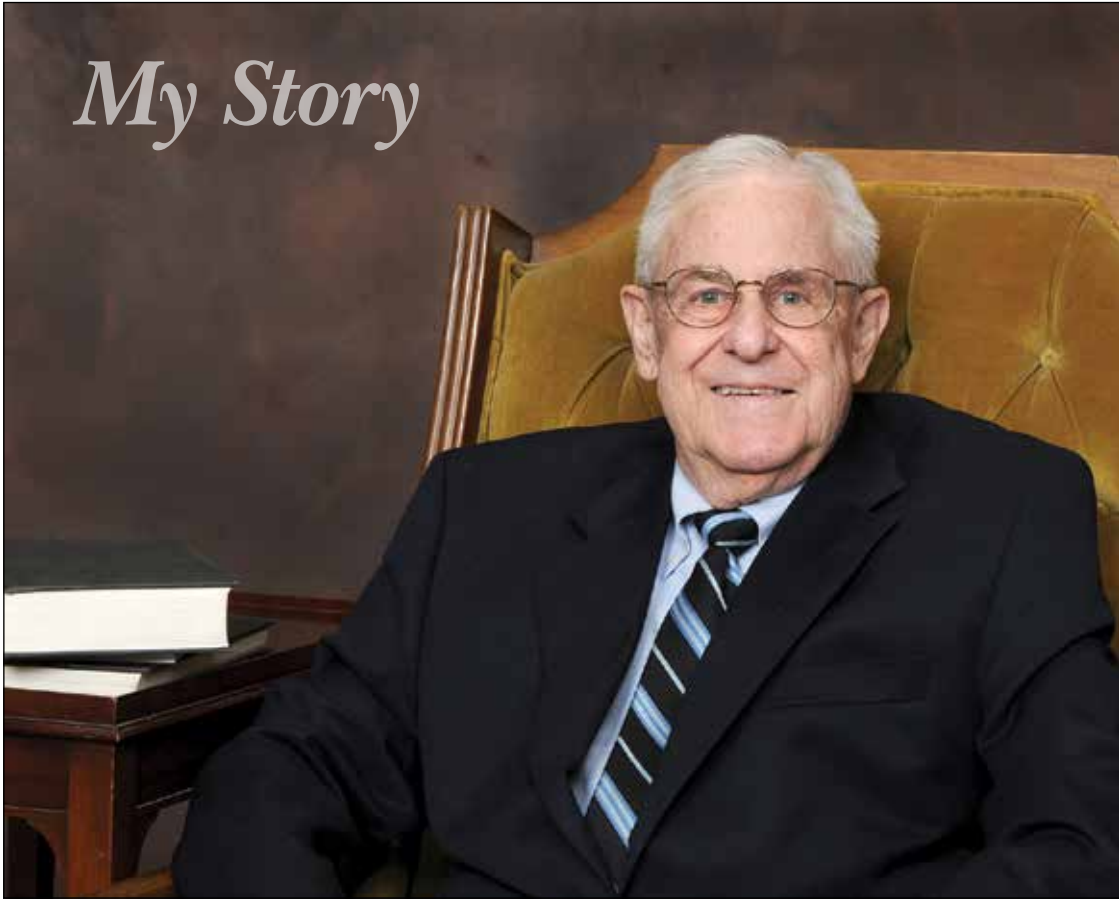


Photo by Jeff Morris of The Pierce Studio

A Donation to Build On

Charles Warren “Johnny” Ring

Mid Coast Health Corporator and Donor

When my grandfather, Edward Buffum Varney, purchased “125 acres of virgin pine timber” between New Meadows and the Androscoggin River, he was astonished to discover the ship captain’s house, 22-room guest cottage, formal gardens, and working farm that came with it. He would have been even more surprised to know that 100 years later, a portion of the land would become the foundation of health and wellness in the region.

I inherited the land from my mother, Constance Varney Ring, who would be pleased to know that part of her father’s land brought the Bath and Brunswick communities together with the building of a regional hospital. It was in her memory that I made a donative sale of land to the visionaries behind what is now known as Mid Coast Hospital. With my donation and those from others, the hospital now rests on significant acreage with room for future growth.

Looking back at my family’s strong history of philanthropy and civic responsibility in the region, I am honored that the timber forests and blueberry fields of my youth are now part of the Mid Coast Hospital campus. Mid Coast is a wonderful hospital, in a great location and will be here to care for our community for generations to come.

THANK YOU

2014 DONORS *

THE TEAM OF PHYSICIANS, PROVIDERS, AND STAFF at Mid Coast Health Services greatly appreciate the thoughtfulness and support of the donors listed below. Donations directly support our vision for the future of healthcare by allowing us to focus on improving efficiencies, managing costs, enhancing patient experiences, and providing opportunities for better health.

Together, we ensure the vitality of our wonderful community by offering the gift of health to every individual, regardless of their ability to pay.

These generous donors have become our partners in providing high quality, compassionate care. With their support we will continue to provide strength and leadership to our community and look forward to a future of health and wellness for all.

Thank you!

For more information on ways to give to Mid Coast Hospital, please call the **Development Office** at (207) 373-6064, or visit www.midcoasthealth.com/gifts.

Annual Giving Fund

PRESIDENT'S CLUB—\$5,000.00 & Up

Cynthia A. Bush
Richard and Shana Donnell
Jill and Fred Haer
Pat Hennin
Highland Green
Active Adult Community
The Highlands
Retirement Community
Helen B. Johnson
In Memory of Dr. and Mrs. Henry L. Johnson
Dr. Stemple and Catherine Johnson
Mr. and Mrs. Joseph M. Knight, Jr.
Abigail Manny
In Memory of Tim Adams and Jim Manny
Mary Lincoln Johnson
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Dr. Daniel Morgenstern and Moriah Moser
Richard and Eleanor Morrell
Elizabeth Niven
Sandra Morrell Rooney and Charles R. Rooney, Jr.
Dugan and Lynn Shipway
Lois and Jim Skillings
Dr. Nancy G. Wilds

PACESETTER—\$2,500-\$4,999

Coastal Maine Emergency Physicians, PA/ BlueWater Emergency Partners LLC
Jim and Susan Gillies
Robert and Margery Healing

Glenn and Ellen Hutchinson
John Kilbourne
Spectrum Medical Group—John Crispin, MD; Byron Hathcock, MD; Sean Kelly, MD; Andrew Rabinowitz, MD; Irl Rosner, MD; Katarina Sawtelle, MD

DIRECTOR—\$1,000 - \$2,499

Constance P. Barker
Lee M. Barth Fund—Al and Lee Barth
Jacqueline Brauer
Charles and Susan Bridge
James E. Burcham
Darlene Chalmers
Katherine Chatterjee
Rodger and Becky Cuthbert
John and Deborah Farnham
Foot and Ankle Associates—Jessica Buckner, DPM; Michael Kip, DPM; Brian MacDonald, DPM; Michael Saraydarian, DPM
Marta and Robert Frank
Roger D. Hathaway
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 Jackson and Susan Parker
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Dr. Philip and Margaret Sumner

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Becky and Rodger Cuthbert
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Peter and Suzette Kelley
John Kilbourne
Bill King and Jayne Palmer
Dr. Paul and Nancy LaPrad
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In Memory of Adelaide T. Langbein
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Ellie and George Patterson
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Elizabeth C. Reed
Shirley Richelieu
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Kristina Toland
Sandra Morrell and
Charles R. Rooney
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Joan and Greg Shea
Dugan and Lynn Shipway
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Gerard and Valencia Menard
Eleanor Morrell
Doug Morton
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Elizabeth Niven
Steve Obrin
Rebecca Odom
Connie and Phil Ortolani
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Peggy Siegle
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Paul Burns, MD
Suzanne Carr, MD
John J. Chomyn, MD
Dr. Michael and Margaret Curtis
Dr. Carl and Rebecca DeMars
Drs. Peg Duhamel and Randy Howell
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Saraydarian, DPM
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Jenny Jorgensen
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Millie Stewart
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Germaine A. Blake
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Millie and Allan Stewart
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in support of the Healing Garden
Millie Stewart
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in support of the Joyce Herbers Memorial
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Edythe and Donald Kuhn
Michael and Candace Nahrstedt
Shirley Richelieu
Jill H. Small
Millie Stewart

In Memory of Constance Herlihy
in support of the Healing Garden
Millie Stewart

In Memory of James C. Manny
in support of the Healing Garden
Millie Stewart

In Memory of James C. Manny
in support of the James & Abigail Manny
Endowment Fund

Benson and Patricia Ford
Richard and Eleanor Morrell
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In Memory of James C. Manny
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Auxiliary
Deirdre Strachan and Jose Mas

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in support of the Kenneth and Beryl
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Millie Stewart

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Brenda Guilmett
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Ernesto and Sonia Silva

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in support of the Healing Garden
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Gerard Caron

In Honor of Katherine Duage-Roth

George and Shirley Roth

In support of women with breast cancer

Lisbon High School Field Hockey

"Pink" Game—Joanne E. Campbell

With Appreciation

FOR MORE INFORMATION on preparing your will, on charitable gift planning, or on establishing an endowment, call the **Development Team** at **373-6064**.

2014 Financial Report

MID COAST HEALTH SERVICES

2014 Financial Statement

SOURCES

	Fiscal 2013	Fiscal 2014
Net patient service revenue	146,335,114	158,655,147
Less provision for uncollectable accounts	(6,545,754)	(7,920,936)
Net amounts received by Mid Coast Hospital, CHANS Home Health Care, and Mid Coast Senior Health Center for services rendered to patients, clients, and residents	139,789,360	150,734,211
Contributions, earnings on investments, and other revenue from activities not directly related to patient care	9,863,466	9,286,443
Total sources of funds	\$149,652,826	\$160,020,654

USES

Salaries, wages, and employee benefits	85,846,868	91,059,092
Supplies and purchased services	41,369,376	45,164,928
Fees paid to physicians	4,769,212	4,323,434
Estimated cost of this year's use of property and equipment	6,132,597	6,338,065
Revenue tax	2,549,900	2,955,488
Interest expense	2,085,980	1,932,441
Investments in capital replacements, new technology, and a general strengthening of Mid Coast Health Services' financial position as we continue to lead the way in providing quality healthcare to the Mid Coast community	6,898,893	8,247,206
Total uses of funds	\$149,652,826	\$160,020,654

SELECTED STATISTICS

Mid Coast Hospital

Inpatient Admissions	5,124	5,181
Outpatient Visits (includes Mid Coast Medical Group)	313,204	328,116
CHANS Home Health Care, Total Visits	41,290	43,964
Mid Coast Senior Health Center, Resident Days	33,068	33,241



*Modern,
compassionate,
value-driven
healthcare
for our
communities*



MID COAST HEALTH SERVICES

For a lifetime of caring

123 Medical Center Drive, Brunswick, ME 04011

(207) **373-6000**

Access Health

A local *Healthy Maine Partnership* coordinated by Mid Coast Hospital that is dedicated to creating healthy choices in Midcoast Maine.

CHANS Home Health Care

Providing skilled home health, hospice, private duty care services and an array of community-based wellness clinics and support services to Midcoast Maine.

Mid Coast Hospital

A full-service, 92-bed, independent, not-for-profit hospital governed by a community Board of Directors.

Mid Coast Medical Group

Community-based healthcare comprised of primary care and specialty care physicians in over 30 clinical areas.

Mid Coast Senior Health Center


Offers a full continuum of healthcare and wellness services for seniors, including Thornton Hall Assisted Living, The Garden–Memory Care Living, Mere Point Nursing Home, and Bodwell Nursing & Rehabilitation Center.

Thornton Oaks Retirement Community

A community of 46 private homes and 98 apartments nestled in 29 wooded acres.



www.midcoasthealth.com

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