

Health *Within* Reach

Local providers addressing important health topics.



Aging Eyes

Learn about preventing and treating age related eye disorders. Examples include: Cataracts, Glaucoma, Macular Degeneration and diabetes retinopathy.

Presentation by:

Kurt Kelley, MD Mid Coast Eye Associates,
Diplomate of American Board of Ophthalmology

January 30 from **5:30-6:30 p.m.**

Mid Coast Center for Community Health & Wellness Teaching Kitchen

329 Maine Street–SOUTH ENTRANCE, Brunswick

Health Within Reach is an ongoing educational series of **FREE** talks, classes, demonstrations, and healthy lifestyle options.

For more information, call
(207) 373-6585 or visit
www.midcoasthealth.com/wellness.



MID COAST *Center for*

Community Health & Wellness

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