

# *Dementia* **Caregiver Support**

Educational Series for those that help others cope with memory loss.

**Third Thursday of Every Month** from **4-5 p.m.**

*(except in July, August, and December)*

## **Mid Coast Senior Health**

58 Baribeau Drive, Brunswick

**Dementia Caregivers Education Series** is a **FREE** monthly support group offered by Mid Coast Senior Health to assist individuals in understanding and caring for someone with memory loss.

This support group is an affiliated group of the Maine Chapter of the

**alzheimer's**  **association**®

For more information, call **(207) 373-3646** or visit **[www.midcoasthealth.com/wellness](http://www.midcoasthealth.com/wellness)**.



MID COAST *Center for*

**Community Health & Wellness**

[WWW.MIDCOASTHEALTH.COM/WELLNESS](http://WWW.MIDCOASTHEALTH.COM/WELLNESS)