

Caring for the Caregiver

Education and self-care for cancer
patient caregivers.

Second and Fourth Tuesday of Every Month

From **11 a.m. - Noon** (excluding holidays)

Light refreshments will be served.

Mid Coast Hospital Parkview Campus, Health & Wellness Library

329 Maine Street–SOUTH ENTRANCE, Brunswick

Caring for the Caregiver is a **FREE** ongoing support group open to all caregivers of loved ones with cancer. The group will be co-facilitated by a Licensed Clinical Social Worker and Oncology Certified Registered Nurse.

For more information, call **(207) 373-6585**

or visit **www.midcoasthealth.com/wellness**.



MID COAST *Center for*

Community Health & Wellness

WWW.MIDCOASTHEALTH.COM/WELLNESS

